

In Loving Memory



Sammy Farkas

January 9, 2003 - January 8, 2019

Blessing After Food

Birkat Me'ayn Shalosh - Al Hamichya

*After eating a meal without bread
with foods which contain grains,
grapes, figs, olives, pomegranates or dates.*

Blessed are You, Lord our God, King
of the Universe,

After grain products:

for the nourishment and sustenance,

After wine or grape juice:

(and) for the vine and the fruit of the vine,

After grapes, figs, olives, pomegranates or dates:

(and) for the tree and the fruit of the tree,

and for the produce of the field, for
the desirable, good and spacious land
that You willingly gave as heritage to our
ancestors, that they might eat of its fruit
and be satisfied with its goodness. Have
compassion, Lord our God, on Israel
Your people, on Jerusalem, Your city,
on Zion, the home of Your glory, on Your
alter and Your Temple. May You rebuild
Jerusalem, the holy city swiftly in our
time, and may You bring us back there,
rejoicing in its rebuilding, eating from
its fruit, satisfied by its goodness, and
blessing You for it in holiness and purity.

On Rosh Chodesh add:

Remember us for good on this day of
the new moon.

On Holidays add:

Grant us joy on this Festival of (Matzot
/ Sukkot).

For You, God, are good and do good
to all and we thank you for the land

For grains:

and for the
nourishment.

For wine:

and for the fruit
of the vine.

For the 5 fruit

and for
the fruit.

Blessed are You, Lord, for the land
and for the nourishment. and for the fruit
of the vine. and for the fruit
of the fruit.

*In loving memory of
Sammy Farkas*

January 9, 2003-January 8, 2019

*May these blessings
help honor his memory.*