

In Loving Memory



Sammy Farkas

January 9, 2003 - January 8, 2019

Grace After the Meal

Ashkenaz

➤ *On Holidays And For Festive Meals Add* ⚡

A song of ascents. When the Lord will return the exiles of Zion, we will have been like dreamers. Then our mouth will be filled with laughter, and our tongue with songs of joy; then will they say among the nations, "The Lord has done great things for these." The Lord has done great things for us; we were joyful. Lord, return our exiles as streams to arid soil. Those who sow in tears will reap with songs of joy. He goes along weeping, carrying the bag of seed; he will surely return with songs of joy, carrying his sheaves.

➤ *When Three Or More Are Benching Together Add* ⚡

Leader: Friends, let us say grace.

Others followed by the Leader: May the name of the Lord be blessed from now and for ever.

Leader: With your permission, let us bless the One (our God) from whose food we have eaten.

Others followed by the Leader: Blessed be the One (our God) from whose food we have eaten, and by whose goodness we live.

All: All Blessed be He, and blessed be His name.

➤ *Benching Begins Here* ⚡

Blessed are You, Lord our God, King of the Universe, who, in His goodness, provides sustenance for the entire world with grace, with kindness, and with mercy. He gives food to all flesh, for His kindness is everlasting. Through His great goodness to us continuously we do not lack [food], and may we never lack food, for the sake of His great Name. For He, benevolent God, provides nourishment and sustenance for all, does good to all, and prepares food for all His creatures whom He has created. Blessed are You, Lord, Who provides food for all.

We thank You, Lord our God, for having given as a heritage to our ancestors a precious, good and spacious land; for having brought us out, Lord our God, from the land of Egypt, and redeemed us from the house of bondage; for Your covenant which You have sealed in our flesh; for Your Torah which You have taught us; for Your statutes which You have made known to us; for the life, favor, and kindness which You have graciously bestowed upon us; and for the food we eat with which You constantly nourish and sustain us every day, at all times, and at every hour.

➤ *On Hanukkah and Purim Add* ⚡

For the miracles, the redemption, the mighty deeds, and the victories in battle which You performed for our ancestors in those days at this time.

Hanukkah - In the days of Mattityahu, son of Yochanan the High Priest, the Hasmonean, and his sons, the wicked Greek kingdom rose up against Your people Israel to make them forget Your Torah and to force them to transgress the statutes of Your will. It was then that You in Your great compassion stood by them in the time of their distress. You championed their cause, judged their claim, and avenged their wrong. You delivered the strong into the hands of the weak, the many into the hands of the few, the impure into the hands of the pure, the wicked into the hands of the righteous, and the arrogant into the hands of those who were engaged in the study of Your Torah. You made for Yourself great and holy renown in Your world, and for Your people Israel You performed great salvation and redemption on this day. Your children then entered the holiest part of Your house, cleansed Your Temple, purified Your sanctuary, kindled lights in Your holy courts, and designated these eight days of Hanukkah for giving thanks and praise to Your great name.

Purim - In the days of Mordechai and Esther, in Shushan the capital, the wicked Haman rose up against them and sought to destroy, slay and exterminate all the Jews, young and old, children and women, on one day, the thirteenth day of the twelfth month, which is the month of Adar, and to plunder their possessions. Then You in Your great compassion thwarted his counsel, frustrated his plans, and caused his scheme to recoil on his own head, so that they hanged him and his sons on the gallows.

For all this, Lord our God, we give thanks to You and bless You. May Your Name be blessed by the mouth of every living being, constantly and forever, as it is written: When you have eaten and are satiated, you shall bless the Lord your God for the good land which He has given you. Blessed are You, Lord, for the land and for the sustenance.

Have mercy, Lord our God, upon Israel Your people, upon Jerusalem Your city, upon Zion the abode of Your glory, upon the kingship of the house of David Your anointed, and upon the great and holy House over which Your Name was proclaimed. Our God, our Father, (on weekdays - tend us / on Shabbat and festivals - our Shepherd), nourish us, sustain us, feed us, and provide us with plenty; and speedily, Lord our God, grant us relief from all our afflictions. Lord our God, please do not make us dependent upon the gifts of mortal men nor upon their loans, but only upon Your full, open, holy, and generous hand, that we may never be shamed or disgraced.

➤ *On Rosh Chodesh and Chol Hamoed Add* ⚡

Our God and God of our ancestors, may there rise, come, reach, appear, be favoured, heard, regarded and remembered before You, our recollection and remembrance, as well as the remembrance of our ancestors, and of the Messiah son of David Your servant, and of Jerusalem Your holy city, and of all Your people the House of Israel - for deliverance and well-being, grace, loving kindness and compassion, life and peace, on this day of:

Add as appropriate:

Rosh Chodesh.
the Festival of Matzot.
the Festival of Sukkot.

On it remember us, Lord our God, for good; recollect us for blessing, and deliver us for life. In accord with Your promise of salvation and compassion, spare us and be gracious to us; have compassion on us and deliver us, for our eyes are turned to You because You, God, are a gracious and compassionate King.

And rebuild Jerusalem the holy city speedily in our days. Blessed are You, Lord, Who in His mercy rebuilds Jerusalem. Amen.

Blessed are You, Lord our God, King of the universe, benevolent God, our Father, our King, our Strength, our Creator, our Redeemer, our Maker, our Holy One, the Holy One of Jacob, our Shepherd, the Shepherd of Israel, the King who is good and does good to all, each and every day. He has done good for us, He does good for us, and He will do good for us; He has bestowed, He bestows, and He will forever bestow upon us grace, kindness, and mercy; relief, salvation and success; blessing and deliverance; consolation, livelihood and sustenance; compassion, life, peace, and all goodness; and may He never cause us to lack any good.

May the Merciful One reign over us forever and ever.

May the Merciful One be blessed in heaven and on earth.

May the Merciful One be praised for all generations, and pride Himself in us forever and to all eternity, and glorify Himself in us forever and ever.

May the Merciful One provide our livelihood with honor.

May the Merciful One break the yoke of exile from our neck, and may He lead us upright to our land.

May the Merciful One send abundant blessing into this house and upon this table at which we have eaten.

May the Merciful One send us Elijah the prophet—may he be remembered for good—and let him bring us good tidings, deliverance, and consolation.

May the Merciful One bless me, (my husband/wife, / my father, my teacher, / my mother, my teacher / my children,) and all that is mine, them, their household, their children and all that is theirs, together with us and all that is ours, just as our forefathers Abraham, Issac and Jacob were blessed in all, with all, so may He bless all of us together with a complete blessing and let us say, Amen.

On high, may there be invoked upon him and upon us such merit as will bring enduring peace. May we receive blessing from the Lord and kindness from God our deliverer, and may we find grace and good understanding in the eyes of God and man.

On Rosh Chodesh - **May the** Merciful One renew this moth for us for good and blessing.

On Sukkot - **May the** Merciful One restore for us the fallen Tabernacle of David.

May the Merciful One grant us the privilege of reaching the days of the Messiah and the life of the World to Come. He gives great deliverance to His king, and bestows kindness upon His anointed, to David and his descendants forever. He Who makes peace in His heavens, may He make peace for us and for all Israel; and say, Amen.

Fear the Lord, you His holy ones, for those who fear Him suffer no want. Young lions are in need and go hungry, but those who seek the Lord shall not lack any good. Give thanks to the Lord for He is good, for His kindness is everlasting. You open Your hand and satisfy the desire of every living thing. Blessed is the man who trusts in the Lord, and the Lord will be his security. Once I was young, and now I am old, yet I have never watched a righteous man forsaken or his children begging for bread. The Lord will give His people strength. The Lord will bless His people with peace.

In loving memory of

Sammy Farkas

January 9, 2003-January 8, 2019

May these blessings

help honor his memory.

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